



Women's Health

***11th Annual
Contemporary Women's Health Issues
Women and Aging:
What is Preventable and
What is Inevitable?***

Friday, December 5, 2008

Eric P. Newman Education Center
Washington University Medical Center, St. Louis

Co-Chairs

Abby S. Hollander, M.D. & Teresa L. Deshields, Ph.D.

Sponsored By

Washington University School of Medicine
Continuing Medical Education

Presented By



Another Seminar the Day After

Saturday, December 6, 2008

Congestive Heart Failure Update

Contact CME or visit: <http://cme.wustl.edu>

**Last CME
Courses
of 2008!**

COURSE OBJECTIVES:

Designed for primary care physicians, obstetricians and gynecologists, psychiatrists and other health care providers of women. The intended result of this activity is increased knowledge, and after completion of this course, the participant should be able to:

- Describe changes in sexual function associated with aging.
- Describe how to screen and evaluate older drivers to determine impairment.
- Assess the potential for medication and lifestyle modification to prevent breast cancer.
- Describe the diagnosis, evaluation and treatment of urinary incontinence and pelvic organ prolapse.
- Recognize who is an appropriate candidate for admission to hospice.
- Discuss the most common neurological diseases associated with aging.
- Summarize the diagnosis, risk factor analysis and treatment of age-related eye diseases, including glaucoma, cataract, macular degeneration and dry eye syndrome.
- Describe simple anti-aging treatments, fillers and rejuvenation lasers.
- Evaluate the utility of the fracture risk assessment tool in the prevention and management of osteoporosis.
- List risk factors for the development and progression of osteoarthritis.

WASHINGTON UNIVERSITY SCHOOL OF MEDICINE ACTIVITY FACULTY

David B. Carr, M.D., Associate Professor of Medicine and Neurology

Graham A. Colditz, M.D., Niess-Gain Professor of Surgery

Teresa L. Deshields, Ph.D., Clinical Assistant Professor of Medicine
Manager, Psycho-Oncology Services, Siteman Cancer Center

Dayna S. Early, M.D.

Associate Professor of Medicine; President, Academic Women's Network

James E. Galvin, M.D., MPH

Associate Professor of Neurology, Psychiatry and Neurobiology
Director, Memory Diagnostic Center and Alzheimer Treatment Unit
Director, Education and Community Outreach

Abby S. Hollander, M.D., Associate Professor of Pediatrics

Division of Pediatric Endocrinology and Diabetes
Medical Director, Child and Adolescent Ambulatory Services

Eva A. Hurst, M.D., FAAD, Assistant Professor of Dermatology

Leslie E. Kahl, M.D., Professor of Rheumatology, Associate Dean for Student Affairs

Fareesa G. Khan, M.D., Assistant Professor of Obstetrics & Gynecology

Valerie A. Omicioli, M.D., Assistant Professor of Obstetrics & Gynecology

Carla J. Siegfried, M.D., Associate Professor of Ophthalmology

Reina Villareal, M.D., Assistant Professor of Bone and Mineral Diseases

Barbara J. Westland, RN, BSN

Director, BJC Hospice, Supportive Care and Wings, Barnes-Jewish Hospital, St. Louis

AGENDA

- 7:30am** *Registration & Continental Breakfast*
- 8:00** **Welcome** - Dayna S. Early, M.D.
- 8:10** **Update in Osteoporosis** - Reina Villareal, M.D.
- 8:50** **Prevention, Detection and Treatment of Common Syndromes in Rheumatology** - Leslie E. Kahl, M.D.
- 9:30** **Sexuality and Aging** - Valerie A. Omicioli, M.D.
- 10:10** *Refreshment Break*
- 10:30** **The Older Adult Driver: When is it Time to Hang Up the Keys?** - David Carr, M.D.
- 11:10** **Hospice: Is it Hope or Giving Up?**
Barbara J. Westland, RN, BSN
- 11:50** *Luncheon (to be provided)*
- 12:50pm** **Healthy Skin 101: What Every Woman Should Know**
Eva A. Hurst, M.D., FAAD
- 1:30** **The Aging Pelvic Floor: Urinary Incontinence and Pelvic Organ Prolapse in the Elderly**
Fareesa G. Khan, M.D.
- 2:10** **Preventing Breast Cancer with What We Know Now!**
Graham A. Colditz, M.D.
- 2:50** *Refreshment Break*
- 3:10** **The Aging Nervous System: What's "Normal" and What's Not**
James E. Galvin, M.D., MPH
- 3:50** **For the Aging Woman: "The Eyes Have It"** - Carla Siegfried, M.D.
- 4:30** *Adjourn*

ACCREDITATION: Washington University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT: Washington University designates this educational activity for a maximum of **7 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

DISCLOSURE POLICY: It is the policy of Washington University School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All faculty participating in this activity are expected to disclose to the audience any financial interest or other relationship he/she has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation.

GENERAL INFORMATION

Location: Eric P. Newman Education Center (EPNEC), www.epnec.wustl.edu
320 S. Euclid Ave., St. Louis, Missouri 63110 . Since meeting room temperatures are difficult to regulate to everyone's appeal, bringing a jacket or sweater is recommended. A map will be included with the registration acknowledgement.

Parking: Courtesy parking for paid registrants at the North Garage (on Euclid Avenue at Parkview Place). Please bring your ticket to the registration desk for validation. Validation for other medical center parking garages is not available.

Accommodations:

The Parkway Hotel (medical center campus, adjacent to conference center)
(314) 256-7777 toll free (866) 314-7700 www.theparkwayhotel.com
4550 Forest Park Blvd., St. Louis, MO 63110

Rates: \$129 Executive Level / \$149 Concierge Level (+tax)

Chase Park Plaza (5 blocks from the medical center campus)
(314) 633-3014 or toll free (877) 587-2427 www.chaseparkplaza.com
212-232 N. Kingshighway Blvd., St. Louis, MO 63108

Rate: \$162 One-Bedroom Suite (+tax)

Please Note: Washington University is not responsible for airline or hotel reservations. Please confirm seminar registration acceptance prior to purchase of non-refundable or penalty airline tickets.

Transportation/MetroLink: The Central West End MetroLink Station is conveniently located at the medical center on Euclid Avenue, ½ block south of EPNEC. The MetroLink trip from the airport to the medical center takes approx. 25 minutes and costs \$3.50. Taxis are available at the airport and cost approx. \$40 to the medical center.

Registration/Payment Policy: Your full payment in advance completes your registration and ensures your enrollment in this course. If you have not received an acknowledgment within two weeks of your registration submission, please call the CME office. Opportunities for on-site registration are limited and may be unavailable. To inquire about the availability to register on-site, please contact the CME office.

Cancellations: Seminar registration fee less \$25 administrative charge is refundable if cancellation is received in writing by December 1, 2008.

Special Needs: Continuing Medical Education at Washington University School of Medicine fully complies with the legal requirements of the Americans with Disabilities Act rules and regulations thereof. If any participant of this meeting is in need of accommodations, please do not hesitate to submit written requests at least one month prior to seminar date.

For Further Seminar Information: **Website:** cme.wustl.edu
Continuing Medical Education, Washington University School of Medicine
(314) 362-6891 (800) 325-9862 Fax (314) 362-1087 Email: CME@wustl.edu

Day of Seminar Only Telephone Number: (314) 747-6338

Minimum and Maximum Enrollments Have Been Established

ADVANCE REGISTRATION

11th Annual Contemporary Women's Health Issues Friday, December 5, 2008

To ensure proper spelling of your name, please print clearly.

First Name Initial Last Name Degree

Address

City/ State/ Zip

Office Telephone Number

Fax

Specialty

If you wish to receive CME announcements online, indicate your email address.

Medical School Graduate of: Wash Univ Other (Indicate) _____ Year ____

<u>REGISTRATION FEES:</u>	<u>By Dec. 1</u>	<u>After Dec. 1</u>
<input type="checkbox"/> Physician	\$135	\$160
<input type="checkbox"/> Allied Health Professional	\$85	\$110

Your full payment in advance completes your registration and ensures your enrollment in this course. Fees include enrollment, continuing education credits, educational materials, continental breakfast, refreshment breaks, luncheon and Medical Center parking.

CONVENIENT WAYS TO REGISTER

ONLINE Secure online registration available at: <http://cme.wustl.edu>.

MAIL this completed form with your check payable to *Washington University*.
CME/WUSM, Campus Box 8063, 660 S Euclid Ave., St. Louis, MO 63110

FAX this completed form with credit card information to: Fax (314) 362-1087
 MasterCard Visa Discover AmEx

Name on Card _____

Card # _____

Exp. Date _____ Signature _____

PHONE your registration to: (800) 325-9862 or (314) 362-6891
(Please have credit card information ready.)

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